AM & PM Snack · December 2026

Primanti Montessori Academy · Monthly Menu

WGR Whole Grain Rich
WW Whole Wheat
MGR Multi Grain

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AGES 1–2 SERVING 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup		1 **Graham Crackers** Orange Slices Water	2 WGR **Cereal Mix** Apple Sauce Water	3 **Vanilla Yogurt** Peach Slices Water	4 WGR **Goldfish Crackers** Banana Juice & Water	5 **AGES 3–5 SERVING** 4 Fluid Ounces 1% Milk Protein: 1/2 oz / 2 oz Vegetables: 1/2 cup, 1/8 cup Fruit: 1/2 cup Grains: 1/2 slice, 1/4 cup
6 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup	7 WW **Wheat Crackers** Apple Slices Juice & Water	8 WGR **Wheat Thins & Cheese Cubes** Orange Slices Water	9 WGR **Mini Bagels with Cream Cheese** Banana Water	10 WGR **Bran Muffin** Apple Sauce Milk & Water	11 WGR **Wheat Crackers** String Cheese Orange Slices Milk & Water	12 **AGES 3–5 SERVING** 4 Fluid Ounces 1% Milk Protein: 1/2 oz / 2 oz Vegetables: 1/2 cup, 1/8 cup Fruit: 1/2 cup Grains: 1/2 slice, 1/4 cup
13 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup	14 WW **Ritz Crackers & Cheese** Apple Slices Milk & Water	15 **Graham Crackers** Orange Slices Water	16 WGR **Cereal Mix** Apple Sauce Water	17 **Vanilla Yogurt** Peach Slices Water	18 WGR **Goldfish Crackers** Banana Juice & Water	19 **AGES 3–5 SERVING** 4 Fluid Ounces 1% Milk Protein: 1/2 oz / 2 oz Vegetables: 1/2 cup, 1/8 cup Fruit: 1/2 cup Grains: 1/2 slice, 1/4 cup
20 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup	21 WW **Wheat Crackers** Apple Slices Juice & Water	22 WGR **Wheat Thins & Cheese Cubes** Orange Slices Water	23 WGR **Mini Bagels with Cream Cheese** Banana Water	24 **Christmas Eve** SCHOOL CLOSED	25 **Christmas Day** SCHOOL CLOSED	26 **AGES 3–5 SERVING** 4 Fluid Ounces 1% Milk Protein: 1/2 oz / 2 oz Vegetables: 1/2 cup, 1/8 cup Fruit: 1/2 cup Grains: 1/2 slice, 1/4 cup
27 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup	28 WW **Ritz Crackers & Cheese** Apple Slices Milk & Water	29 **Graham Crackers** Orange Slices Water	30 WGR **Cereal Mix** Apple Sauce Water	31 **New Year's Eve** SCHOOL CLOSED		**AGES 3–5 SERVING** 4 Fluid Ounces 1% Milk Protein: 1/2 oz / 2 oz Vegetables: 1/2 cup, 1/8 cup Fruit: 1/2 cup Grains: 1/2 slice, 1/4 cup