Lunch · December 2026

Primanti Montessori Academy · Monthly Menu

WGR Whole Grain Rich
WW Whole Wheat
MGR Multi Grain

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AGES 1–2 SERVING 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup		**1** **Chicken Fried Rice with Black Soybeans** Steamed Broccoli Pineapple Chunks Milk & Water	**2** **Chicken Nuggets with BBQ Sauce** Corn Kernels Mashed Potatoes Sliced Apples Milk & Water	**3** WGR **Chicken Taquitos** Mexican Rice Pinto Beans Peach Slices Milk & Water	**4** **Turkey & Cheese Sandwiches** WW Carrot Sticks (steamed for infants) Pineapple Chunks Milk & Water	**5** **AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Protein: 1.5 oz / 6 oz Vegetables: 1/2, 3/4, 3/8 cup Vegetables/Fruit: 1/4 cup Grains: 1/2 slice, 1/4 cup
6 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup	**7** WGR **Penne Pasta with Turkey Meatballs & Marinara Sauce** Peas and Carrots Apple Slices Milk & Water	**8** **Teriyaki Chicken** Steamed Rice Broccoli Mandarin Oranges Milk & Water	**9** **Turkey Meatloaf** Mashed Potatoes Steamed Peas Orange Slices Milk & Water	**10** **Chicken & Cheese Flautas** Mexican Rice Refried Beans Mixed Fruit Milk & Water	**11** **Sloppy Joes on WW Bun** Steamed Green Beans Orange Slices Milk & Water	**12** **AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Protein: 1.5 oz / 6 oz Vegetables: 1/2, 3/4, 3/8 cup Vegetables/Fruit: 1/4 cup Grains: 1/2 slice, 1/4 cup
13 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup	**14** WGR **Chicken and Vegetable Pasta Primavera** Mixed Vegetables Fruit Cocktail Milk & Water	**15** **BBQ Chicken** Steamed Rice Broccoli Apple Slices Milk & Water	**16** **Chicken & Cheese Burgers** WW Carrot Sticks with Ranch (steamed for infants) Apple Slices Milk & Water	**17** WGR **Cheese & Bean Burritos** Mexican Rice Steamed Green Beans Peach Slices Milk & Water	**18** **Chicken Tenders** Mashed Potatoes Peas Orange Slices Milk & Water	**19** **AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Protein: 1.5 oz / 6 oz Vegetables: 1/2, 3/4, 3/8 cup Vegetables/Fruit: 1/4 cup Grains: 1/2 slice, 1/4 cup
20 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup	**21** WGR **Spaghetti with Meat Sauce** Steamed Green Beans Peach Slices Milk & Water	**22** **Orange Chicken** Steamed Rice with Soybean Broccoli Mandarin Orange Milk & Water	**23** **Turkey Chili & Beans** Cornbread Steamed Vegetables Banana Slices Milk & Water	**24** **Christmas Eve** SCHOOL CLOSED	**25** **Christmas Day** SCHOOL CLOSED	**26** **AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Protein: 1.5 oz / 6 oz Vegetables: 1/2, 3/4, 3/8 cup Vegetables/Fruit: 1/4 cup Grains: 1/2 slice, 1/4 cup
27 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Protein: 1 oz / 4 oz Vegetables: 1/8 cup, 2 tbsp Fruit: 1/8 cup, 2 tbsp Grains: 1/2 slice, 1/4 cup	**28** WGR **Cheese & Spinach Lasagna** Cheese Garlic Bread Mixed Vegetables Mixed Fruit Milk & Water	**29** **Chicken & Black Soybean Noodle Stir Fry** Steamed Broccoli Pineapple Chunks Milk & Water	**30** WW **Grilled Cheese Sandwiches** Carrots with Ranch Dressing Banana Slices Milk & Water	**31** **New Year's Eve** SCHOOL CLOSED		**AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Protein: 1.5 oz / 6 oz Vegetables: 1/2, 3/4, 3/8 cup Vegetables/Fruit: 1/4 cup Grains: 1/2 slice, 1/4 cup